



# JOHN B. LACSON FOUNDATION MARITIME UNIVERSITY-MOLO, INC.

(Formerly Iloilo Maritime Academy)

M.H. del Pilar Street, Molo, Iloilo City, 500 Philippines

Fax/Tel. Nos. (63) (33) 3365499

Email: [admin.molo@jblfmu.edu.ph](mailto:admin.molo@jblfmu.edu.ph)



Official Publication of the Faculty Members and Students of the College of Maritime Education, JBLFMU-Molo

VOLUME 2

NUMBER 1

June 2017-May 2018

Registered,  
Accredited and/  
or Certified to:



Bureau Veritas  
ISO Certified



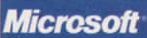
CHED University Status  
ETEEP Provider



TESDA Accredited  
Assessment Center



PACUCOA  
Accredited



Microsoft Certified Academy



MTC Accredited



IAMU Member

# MARITIME RESEARCH

# Journal

(REFEREED)

ISSN 2619-7367



# RESEARCH JOURNAL

COLLEGE OF MARITIME EDUCATION • JBLFMU-MOLO

## Table of Contents

MARINE ENGINEERING STUDENTS' ASSESSMENT OF THE PROFESSIONAL LABORATORY FACILITIES OF THE JBLFMU-MOLO AND IMPLICATION TO QUALITY EDUCATION .....	6
<i>by Eddie D. Cabayao</i>	
COMPUTER-BASED TRAINING (CBT): INNOVATION AND INFLUENCE TOWARDS TEACHING-LEARNING PROCESS AT JBLFMU-MOLO .....	19
<i>by Nilo B. Ortega, Roger M. Galve, Lyndre B. Biton-onon and Rolando A. Alimen</i>	
EXAMINING STUDENTS' SATISFACTION TOWARDS A HIGHER EDUCATIONAL INSTITUTION .....	28
<i>by Roland John Cyril F. Emague</i>	
HEALTH AND FITNESS ACTIVITIES: ASSESSMENT AND VIEWS OF THE INSTRUCTORS AT JBLFMU-MOLO .....	44
<i>by Ronald S. Baynosa, Reynaldo Y. Enovero, Rochel L. Lago, Amalio Z. Malhabour, Julian S. Sepaya, Rolando A. Alimen</i>	
SOCIETY OF ST. VINCENT DE PAUL: ITS CONTRIBUTION IN THE REHABILITATION OF SUPER TYPHOON YOLANDA VICTIMS AT BRGY. CANO-AN, ESTANCIA, ILOILO, PHILIPPINES .....	57
<i>by Victor R.B. Jaleco</i>	
SMOKING: REASONS AND CONTRIBUTIONS TO AIR POLLUTION .....	62
<i>by Rolando A. Alimen and Roger M. Galve</i>	
NAVIGATIONAL TRIP: SAFETY, SECURITY, AND PROTECTION AS COMPLIANCE TO INTERNATIONAL STANDARD .....	71
<i>by Rolando A. Alimen, Roger M. Galve, Salvador F. Francisco, and Cesar I. Mongan</i>	
SOLID WASTE MANAGEMENT: PERCEPTION, VIEWS, AND LEARNINGS OF POLARIS STUDENTS .....	83
<i>by Jose G. Dizon, Nerios S. Cortejo, Renie D. Batuigas, Rene L. Lorenzo, &amp; Rolando A. Alimen</i>	
SAFETY AT THE MARITIME UNIVERSITY CAMPUS: RESPONSE TO INTERNATIONAL STANDARD .....	94
<i>by Silvestre C. Saldavia &amp; Rolando A. Alimen</i>	

<b>WASTE MANAGEMENT OF JBLFMU-MOLO: PERCEPTIONS, REASONS AND VIEWS OF FACULTY MEMBERS AND STAFF .....</b>	<b>104</b>
<i>by Cesar I. Mongan, Roger M. Galve, Marlou T. Garcia, Gene Lee M. Navarra, and Rolando A. Alimen</i>	
<b>ATTITUDE TOWARDS NAVAL ARCHITECTURE SUBJECT AMONG MARINE ENGINEERING STUDENTS .....</b>	<b>119</b>
<i>by Enrique A. Ladiza &amp; Allan A. Roberto</i>	
<b>A SURVEY OF THE PROFILE AND COMMUNITY NEEDS OF THE COASTAL AREAS OF BARANGAY TRAPICHE, OTON, ILOILO .....</b>	<b>127</b>
<i>by Marie Bella N. Estores, Krizna Joy C. Belencion, Ma. Theresa U. Florendo &amp; Rolando A. Alimen</i>	
<b>SELF-PACED READING ACTIVITY AND READING ACHIEVEMENT AMONG FIRST YEAR MARINE ENGINEERING STUDENTS (EXPERIMENTAL STUDY) .....</b>	<b>150</b>
<i>by John G. Francis Caliston &amp; Claudette B. Laganipa</i>	
<b>MARINE ENVIRONMENTAL PROTECTION: AWARENESS, PRACTICES, ISSUES, AND CONCERNS AMONG THIRD YEAR STUDENTS IN SELECTED MARITIME HIGHER EDUCATION INSTITUTIONS (MHEIS) .....</b>	<b>161</b>
<i>by Conrado G. Martir</i>	
<b>COMMON HEALTH PROBLEMS AMONG FILIPINO SEAFARERS .....</b>	<b>169</b>
<i>by RA D. Alimen, Dashiell O. Pasuelo, Kurt Russel T. Aguirre, Jermie B. Gamuza Hudson P. Lstrilla, Kenneth Q. Pilar, Larz Jerome P. Ortizo, Michael Vernon M. Suarez Kristian I. Barniego, Charles D. Detablan, Vince Joseph B. Baldemor, &amp; Mark Angelo V. Medalla</i>	
<b>COMPUTER USAGE AND TECHNOLOGY INTEGRATION AMONG BS MAR-E STUDENTS OF JBLFMU-MOLO: A BASIS FOR LIBRARY TRANSFORMATION .....</b>	<b>180</b>
<i>by John Ryan C. Ampoyos, Cliff R. Alde, Melvin P. Abiera Jr., Kaycee A. Diamante Marjun T. Gamarcha, Marvin G. Giner, Jay G. Elechicon, Carl F. Lentija John Michael P. Magalit, &amp; Jacinto I. Sumbillo Jr.</i>	
<b>MOBILE PHONES: ITS IMPLICATIONS TO STUDENTS' LEARNING .....</b>	<b>194</b>
<i>by Von David S. Padios, Rjun B. Blanco, Nat Gregory B. Braña, Resty John S. Biñal Richard G. Cagbay, Fermel John R. Canoy, Kaleen S. Rangas, Rhalp Emerson D. Reyna Blythe Dewdrop N. Sta. Maria, &amp; Christian Dave B. Zaldivar</i>	